

New Year, New Legs, New You!

HAVE you spent years putting up with painful and unsightly varicose veins?

Do you dread the Spring and Summer Months because you are too embarrassed to show off your legs?

Well, help is at hand thanks to the dedicated expertise of vascular surgeon Michael Gaunt who explains that the problems are very common.

"With an estimated 20% of the population suffering from varicose veins, there is no need to feel embarrassment," said Mr Gaunt.

"And you shouldn't delay, as ignoring the problems will only make them far worse."

Award-winning Mr Gaunt performs more than 500 procedures a year, on both varicose veins and thread veins, often caused by wear and tear on the skin.

He is also a pioneer of the Endovenous Laser technique at Bury St Edmunds BMI Hospital and The Spire Lea Hospital in Cambridge.

In his 25 years practising, he has seen first-hand the effects of ignoring varicose veins, listing venous eczema and venous ulceration as problems that can occur if left untreated.

He has also seen medical advances which make treatment of troublesome veins much more straightforward.

He reflects: "Where once it required major surgery and a hospital stay, this is no longer the case.

"Modern techniques can be performed under local anaesthetic, with pin-hole incisions, a four-hour stay in hospital and a return to work within one or two days rather than weeks.

"If you go to the right person, you can be back on your feet in no time.

"And the difference they can make to someone's life is amazing."

A former patient of Mr Gaunt, Mrs C said: "I would highly recommend anyone suffering with problems - be they cosmetic or physical - as a result of damaged veins to talk through the options with Mr Gaunt. The improvement to my health and fitness has been phenomenal and is difficult to put into words. My only regret is not having known about or having had the operation sooner."

Last year Mr Gaunt became one of the first surgeons in the UK to offer the ClariVein treatment which further simplifies the procedure of treating varicose veins.

- Mr Gaunt is experienced in treating varicose veins with the Endovenous Laser technique and has performed over 3000 of these procedures in the private sector and is delighted to be one of the first surgeons to offer ClariVein treatment.
- Varicose veins are often considered a cosmetic condition but if neglected can result in complications.
- Minimally invasive local anaesthetic procedures can be used to treat varicose veins.
- Thread veins and spider veins can be treated effectively in the clinic but proper assessment is necessary prior to treatment to exclude any underlying conditions.
- Consultant vascular surgeon Mr Gaunt specialises in endovascular and minimally invasive techniques for the treatment of varicose veins.
- Mr Gaunt was the first UK surgeon to use the latest radial fibre technique.

He explained: "As well as needing less local anaesthetic, it is even less invasive than current treatments due to the use of a special catheter which combines mechanical and chemical energy to seal off the problem vein."

In the NHS he works at both Addenbrooke's Hospital, Cambridge and West Suffolk Hospital in Bury St Edmunds and heads an active research laboratory at Cambridge University.

Privately, Mr Gaunt treats patients at the Cambridge Spire Lea Hospital, the Cambridge Nuffield Hospital, and the Bury St Edmunds BMI Hospital.

What better way to start 2012 than by feeling younger, healthier and more confident again.

More information is available from www.michaelgaunt.com or by calling 01223 305858.



Mr Michael Gaunt 
Consultant Vascular Surgeon
Varicose and Thread Vein

"I have successfully performed over 3000 minimally invasive techniques with amazing results. People are back on their feet immediately."

FREE Mini 10 Minute Consultations with Michael Gaunt Vascular Surgeon

If you would like to find out more about your treatment options for Varicose, Thread or Facial Veins, please call to make your booking 01223 305 858 quoting EAST 12/11